

# Historically Tasty

Fredericksburg, VA

Food and history go hand in hand in the Fredericksburg Region. No matter which era or cuisine you are interested in, you'll find it here.





The **Battlefield Family Restaurant** is a no frills family run restaurant has been a Fredericksburg landmark since 1951 and continues to be a favorite among locals. The restaurant is directly across from the **Fredericksburg Battlefield Visitor Center and National Cemetery**. After a hearty breakfast, walk through the visitor center and along Sunken Road.

Back in the day, the local pharmacy served up sweet treats. That's still the deal at **Goolrick's Pharmacy**, located in historic downtown Fredericksburg. They have been serving up sodas in various flavors, from cherry to chocolate since 1912, making it the oldest soda fountain in the nation! The shop also features cheap treats like egg salad and PBJ sandwiches.

The **National Bank building** on Princess Anne Street was built in the early 1800s and has served as a bank, a residence, as the Union forces headquarters during the Civil War and as the Freedmen's Bureau after the Civil War. It is currently the location of **Foode**, an upscale Southern cuisine restaurant owned by **Chef Joy Crump** and business partner **Beth Black**. Chef Crump trained at the Culinary Institute in Atlanta, competed on Bravo's Top Chef and has cooked at the James Beard House on multiple occasions. During the civil war, the upper floor of this building was the residence of **Catherine Taliaferro** and her family. One of their enslaved, Sarah, served as the family cook. Sarah had five children and, unusually for her time, could read. She taught her son, **John Washington** the alphabet. This helped him to later write an illuminating memoir about his experience as an enslaved Black man for 24 years before escaping.

If you like BBQ, they have been slingin' homemade slaw and pork bbq from century-old recipes for nearly 50 years at **Allman's Barbeque**, Fredericksburg's original barbeque landmark since 1954.

The building known as "**The Chimneys**" is now the home to **Biliken's BBQ**. In the 1880s, this building was home to Naval Commander William Lewis Herndon and his Daughter, **Ellen Lewis Herndon** who later married Chester A. Arthur, who became the 21st President of the United States.

**Amy's Cafe** is located on the banks of the Rappahannock in an area that had been down as "Falmouth Bottom". The building was constructed in the 1700s by Scottish immigrant Basil Gordon and it was used as a merchant's store trading largely in tobacco. Given his success in tobacco, Gordon was considered to be the first American millionaire. Today, Amy's Cafe is a family restaurant serving burgers, sandwiches and American entrees.



Carl's Frozen Custard



Robin's Nest Cafe

The **Shannon Air Museum** is home to one of the rarest collections of vintage aircraft in the world. Located at the Shannon Airport, the museum regularly features fly-ins and bi-plane rides. The 1950s styled **Robin's Nest Cafe** offers burgers, milkshakes and other snacks.

Down the road from Shannon Air Museum is the **A. Smith Bowman Distillery**. The original distillery was started in 1934 in northern Virginia but in the 1980s it was moved to Fredericksburg into the old cellophane plant. The extended Bowman family tree includes the families of Presidents James Madison, John Adams, John Quincy Adams and James Buchanan. Take the free hour-long tour (by appointment every hour) to experience a behind-the-scenes glimpse into the production of hand-crafted spirits, see the original stills, and sample their award winning products.

Have dinner at **The Alpine Chef**, offering modern and traditional old-world German cuisine inside the old train station building, built in 1910. Portions are large so bring your appetite!

The **Globe & Laurel** is dedicated to the traditions of the Marine Corps and honors all men and women who wear a uniform or badge in service to our country. In operation for over 50 years, they have collected memorabilia from from the US Marine Corps and various law enforcement agencies that is used to decorate the walls and tables. Opened in 1968 (in a different location) by Retired Major Richard Spooner and his wife Gloria, they offer a fine dining experience featuring steak, prime rib and seafood. There is also a cigar lounge.

Custard is king at **Carl's Frozen Custard**, a family owned ice cream stand that has been in business for more than 50 years. A destination in itself, Carl's is a blast from the past epitomizing what a 1950's community ice cream stand was all about. Note: Carl's is open from Valentine's Day until mid-November and is a cash-only business.

# About Fredericksburg, Virginia

Fredericksburg, VA tells America's story - from 1608 when Captain John Smith sailed up the Rappahannock River to George Washington's childhood and adolescence to John DeBaptiste, a free Black man fighting in the Revolutionary War to the Civil War with four major battles and where 10,000 enslaved people crossed the river to freedom, to Reconstruction and the fight for Civil Rights and social justice. The region is filled with historic sites and compelling stories, a phenomenal food and drink scene and is all easily accessible just off the interstate.

## Location

Fredericksburg, VA is located fifty miles south of Washington, D.C. on Interstate 95, midway between Washington, D.C. and Richmond, Virginia.



### Mileage From Major Cities to Fredericksburg

|                     |     |
|---------------------|-----|
| Albany.....         | 437 |
| Baltimore.....      | 106 |
| Boston.....         | 529 |
| Charleston, WV..... | 309 |
| Cleveland.....      | 427 |
| Detroit.....        | 577 |
| Montreal.....       | 655 |
| Newport.....        | 472 |
| New York City.....  | 290 |
| Philadelphia.....   | 210 |
| Pittsburgh.....     | 295 |
| Toronto.....        | 592 |
| Washington, DC..... | 50  |
| Wilmington, DE..... | 178 |

## Services

Itinerary Planning / Confirm reservations at historic sites, with guide service / Referrals for dining and lodging / Access to on-line Videos / Brochures

